

SPECIALIST DIETITIAN

NUTRITION COUNSELLING IN PERSON & TELEHEALTH EASY ONLINE BOOKING

- MENTAL HEALTH NUTRITION
- EATING DISORDERS
- IBS AND GUT HEALTH
- EATING BEHAVIOUR SUPPORT
- NDIS
- FATIGUE & ENERGY LEVELS

NUTRITION & LIFESTYLE COUNSELLING

• WEIGHT & WELLBEING SUPPORT





JACINTA SHERLOCK CREDENTIALED EATING DISORDER DIETITIAN

TRAUMA INFORMED ACCREDITED PRACTICING DIETITIAN

MEMBER OF DIETITIANS AUSTRALIA

ADDITIONAL TRAININNG IN: ACCEPTANCE & COMITMENT THERAPY MOTIVATIONAL INTERVIEWING SOMATIC MOVEMENT THERAPY

CONTACT US

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