

## **SPECIALIST DIETITIAN**

NUTRITION COUNSELLING IN PERSON & TELEHEALTH EASY ONLINE BOOKING

- MENTAL HEALTH NUTRITION
- EATING DISORDERS
- IBS AND GUT HEALTH
- EATING BEHAVIOUR SUPPORT
- NDIS
- FATIGUE & ENERGY LEVELS

## NUTRITION & LIFESTYLE COUNSELLING

• WEIGHT & WELLBEING SUPPORT





**JACINTA SHERLOCK** CREDENTIALED EATING DISORDER DIETITIAN

TRAUMA INFORMED ACCREDITED PRACTICING DIETITIAN

MEMBER OF DIETITIANS AUSTRALIA

**ADDITIONAL TRAININNG IN:** ACCEPTANCE & COMITMENT THERAPY MOTIVATIONAL INTERVIEWING SOMATIC MOVEMENT THERAPY

## CONTACT US

STATION STREET | FAIRFIELD DIETETICSDONEDIFFERENTLY.COM